

Appleseed Community Mental Health Center

2019 Annual Report



FOREWORD

On behalf of the staff, administration, and board of Appleseed Community Mental Health Center I want to thank the Ashland County community for allowing our agency to be a partner with you. This annual report is one way for us to tell the story of the ways we seek to serve the citizens of our wonderful county and surrounding area. At Appleseed, it is our primary mission to walk with families and individuals along their journey to live healthy, whole, and productive lives. We do this by offering comprehensive and integrated behavioral health, housing, outreach & prevention, substance-use disorder, and victim services.

I say to our team on a regular basis that our agency is only as strong as our partnerships. We are thankful to be a contract agency with the Ashland County Mental Health and Recovery Board, and a partner agency of the United Way of Ashland County and the Mohican Area Community Fund.

In addition we are blessed to partner with Ashland City and County school districts, Ashland County and City government, RedBird Resilient, the Ashland County Community Foundation, Ashland University, University Hospitals, The State of Ohio, Ashland City Schools, Mapleton Schools, Loudonville Schools, Hillsdale Schools, ACCA, Samaritan Hospital Foundation, and so many other organizations and individuals.

For those of you residing in Ashland County or the surrounding area please know that Appleseed Community Mental Health Center and all of its programs are here to assist you. We are eager to walk with you through life's ups and downs like we have done with thousands of others.



Jerry Strausbaugh EdD LPCCS
Executive Director Appleseed CMHC

2019



Appleseed Board Members

Steve Workman - *Chair*

Ashland City Council Ward 1, President
Payroll Specialist WENCO Wendy's

Jerry Seiter

Samaritan Hospital Foundation

Jeff Russell Ph.D. - *Vice Chair*

Professor Ashland University
College of Business and Economics

Ester Hong

Community member/advocate

Keith Tyson - *Secretary*

Pastor Ashland Brethren in Christ

Karin Schwan

Ohio Health Cardiac Nurse Practitioner

David Marcelli

Chief of Police for City of Ashland

Bob Beer

President, SDG Publishing, Inc.

Lisa Stitzlein

Registered Dietitian
and Diabetes Educator

Tammy Taylor

Ashland Ohio VFW
Persons Served Advocate

Mission Statement

Appleseed walks with families and individuals on their journey to live healthy, whole, and productive lives by offering comprehensive and integrated behavioral health, housing, outreach & prevention, substance-use disorder, and victim services.



Crisis Services
Hotline



School and Community
Liaisons



Domestic Violence and
Rape Crisis Services



Supported Employment



Adult Mental
Health Services

APPLESEED SERVICES



Youth Mental
Health Services



Housing



Counseling Services
for all Ages (Youth, Adult)



Kindergarten
Readiness



Substance Use
Disorder

1,450

CALLS REQUIRED
DE-ESCALATION
AND SELF-CARE
INTERVENTIONS



Appleseed Crisis Services

385

CALLS REQUIRED
IMMEDIATE EMERGENCY
RESPONSE
BY LAW ENFORCEMENT
OR A HEALTH OFFICER

1,044

CALLS
REQUIRED OFFERING
BEHAVIORAL HEALTH
SPECIFIC INFORMATION
RELATED TO DISORDERS

2,956

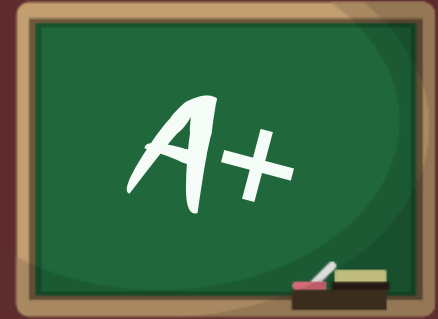
INDIVIDUALS CALLS
RESPONDED TO OVER
THE CRISIS HOTLINE





81%

of students with academic issues showed academic improvement with grades and homework completion



83%

Of students with problem behaviors showed decreased problematic behaviors/visits to the principal's office

SCHOOL AND COMMUNITY LIAISON PROGRAM

*BASED ON JULY 1, 2018-JUNE 30, 2019 PROGRAM DATA

2,067

Students were Served



80%

Of students with attendance issues showed increased and improved attendance



Rape Crisis Domestic Violence Shelter Safe Haven

1,775
days of care provided



444
Crisis Calls Answered

Provided
Emergency Shelter To
42 Adults
&
30 Youths

Safe Haven Provided
Services to
9,455
individuals





**OUTREACH AND PREVENTION
SERVICES PROVIDED TO**

7,811

INDIVIDUALS

**OTHER SUPPORT
SERVICES HELPED**

1,128

INDIVIDUALS

Rape Crisis Domestic Violence Shelter Safe Haven



**Supported
Employment**

61

people struggling with
mental health and/or
addictions participated
in the supported
employment program

62%

of Participants of the
program were
employed at some
point during the year



46

employers were involved
with supported
employment this year

Mental Health Services

2,488

**Individuals Served in
OUTPATIENT MENTAL HEALTH
SERVICES**

Housing Services

55

PERSONS RECEIVED HCRP (39 ADULTS, 16 CHILDREN)

Transitional Housing program provided housing for **27** Families

15 Individuals Received PERMANENT SUPPORTIVE HOUSING PLUS CARE



Beginning Anew Program

10 Individuals were housed who experienced a qualifying mental health diagnosis



Appleseed Rapid Rehousing Program housed

122

Individuals

KEEPING FAMILIES STRONG PROGRAM



SERVED

82

FAMILIES

SUPPORTING
PARTNERSHIPS TO
ASSURE
READY
KIDS



SERVED
30 Families

The graphic on the right features a white circular icon containing three stylized human figures (two adults and one child) holding hands, with red hearts on their chests. Below the icon, the text "SERVED 30 Families" is displayed in white on a dark red background.

SUBSTANCE USE DISORDER PROGRAM



67

CLIENTS
RECEIVED
SUBSTANCE
USE DISORDER
SERVICES

ALTERNATIVE PROGRAMMING FOR ADHD

**18 YOUTH &
20 PARENTS**

**BENEFITED FROM
TWO, 6 WEEK
LONG PROGRAMS**



**AN ADDITIONAL
6 YOUTH'S**

**BENEFITED FROM A
SERIES OF
STRUCTURED
GROUPS THROUGH**

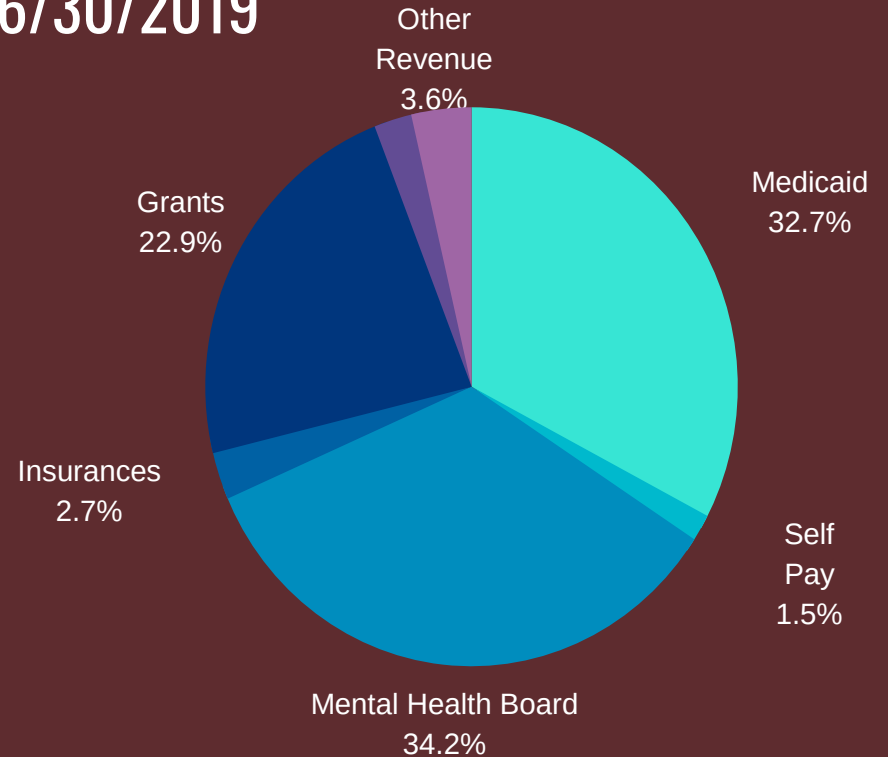
**Rising Stars
Martial
Arts**

APPLESEED COMMUNITY MENTAL HEALTH CENTER STATEMENT OF REVENUE AND EXPENDITURES

FISCAL YEAR ENDED 6/30/2019

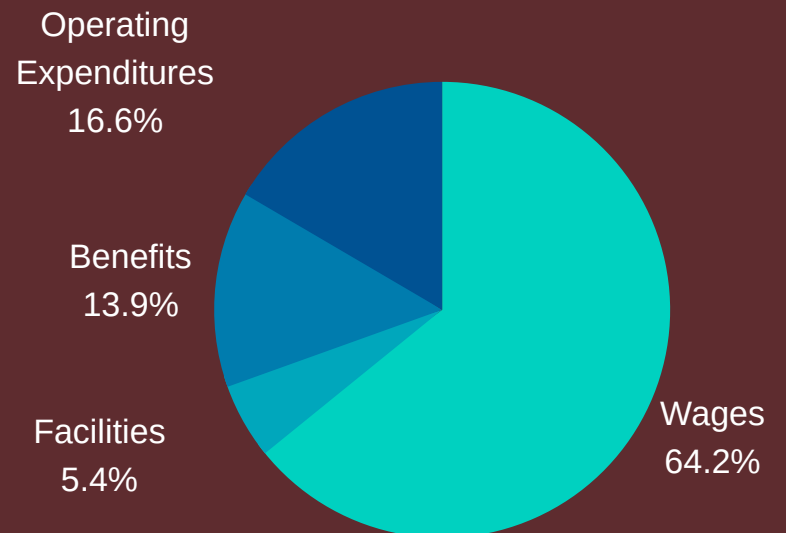
REVENUES

MEDICAID	\$ 1,535,468
MENTAL HEALTH BOARD	1,610,366
GRANTS/CONTRACTS	1,076,004
OTHER REVENUES	171,520
MEDICARE	107,547
INSURANCES	129,042
SELF PAY	72,467
TOTAL REVENUES	4,702,414



EXPENDITURES

WAGES	\$ 3,066,454
BENEFITS	665,453
FACILITIES	256,316
OPERATING EXPENDITURES	791,098
TOTAL EXPENDITURES	4,779,321



Thank you to our partners

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**Jerry Strausbaugh EdD LPCCS
Executive Director Appleseed CMHC**

OUR PARTNERS



University
Hospitals



MENTAL HEALTH &
RECOVERY BOARD
of ASHLAND COUNTY

United
Way



of Ashland County

REDBIRD
RESILIENT



Have a
Mohican
Heart!™



Ashland County
Community Foundation

...for generations to come

CONTACT INFORMATION

OFFICE: (419) 281-3716

CRISIS LINE: (419) 281-6111

SAFE HAVEN HOTLINE: (419) 289-8085

WWW.APPLESEEDMENTALHEALTH.COM

WWW.SAFEHAVENOFASHLAND.ORG