

SAFE HAVEN RAPE CRISIS DOMESTIC VIOLENCE

Available 24 hours a day, 365 days a year, the caring individuals who make up the trained Rape Crisis Domestic Violence Safe Haven team work to support, empower, advocate for and answer the questions of survivors of abuse and assault and their families. With deep compassion and empathy, Trained Advocates are available to listen and support you at any time - day or night, to provide support at the hospital and other social service and law enforcement settings for you and answer any questions you may have. The Sexual Assault/Domestic Violence Support Line is open 24 hours a day and all calls are anonymous and confidential. Safe Haven also provides safe shelter housing for individuals and families fleeing domestic violence. If you or someone you know is now, or has experiences, sexual or intimate partner violence, please call. If you are in need of help, safe temporary housing, referrals to community resources or a listening ear, we are here to support you.

24 HOUR SUPPORT LINE: 419-289-8085
 RAINN: 1-800-656-HOPE
 BUSINESS NUMBER: 419-282-6097

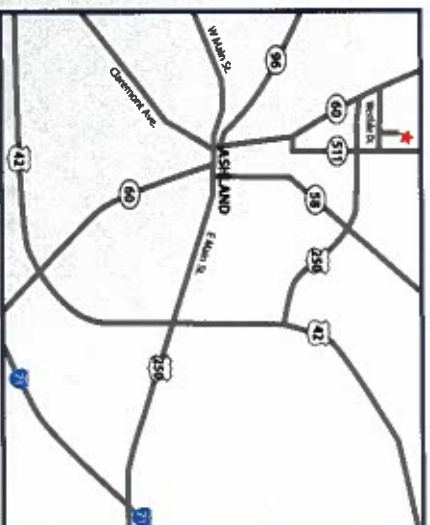


ADULT, YOUTH & FAMILY SERVICES

MAIN OFFICE:
 2233 Rocky Lane
 Ashland, OH 44805
 419-281-3716
 fax: 419-281-4605

HOURS OF SERVICE:
 Monday, Wednesday, Friday
 8:30 am - 5:00 pm
 Tuesday, Thursday:
 8:30 am - 8:00 pm

CRISIS SERVICES
 ARE ALWAYS AVAILABLE:
 419-289-6111
 or 1-888-400-8500



APPLESEED COMMUNITY MENTAL
 HEALTH CENTER

Funded in part by:



APPLESEED COMMUNITY HEALTH CENTER



COMPREHENSIVE
 COUNSELING AND PSYCH
 HOUSING, AND
 ABUSE RECOVERY SER

For appointment scheduling: 419-2
 CRISIS HOTLINE: 419-289-6111 • 1-88



ADULT SERVICES

COMMUNITY PSYCHIATRIC SUPPORTIVE TREATMENT (CPST) SERVICES: Working on your behalf with other area agencies, CPST staff will respectfully help you to meet your basic needs (food, shelter, clothing, medical care and benefits, income and personal safety) and develop life skills.

COUNSELING FOR ADULTS: Licensed counselors and social workers are available to help you identify your strengths and improve the areas you identify as wanting help with. Whether it's establishing and working toward the goal of a healthier lifestyle, improving your relationships or empowering you to deal effectively with other issues of social, emotional and mental health, Applesseed's therapists are available to help and support you. Group counseling is also available.

ADULT PSYCHIATRY: Applesseed's highly qualified, experienced physicians and nursing staff are available to assist you if medication should be considered in combination with other comprehensive services during the course of your treatment and recovery process.

SUPPORTED EMPLOYMENT/VOCATIONAL RECOVERY: Have you had trouble getting the job that you want because of mental illness? If so, Supported Employment/Vocational Recovery can teach you how to recover your ability to get and keep a job.

ADDITIONAL ASSISTANCE

HOUSING DEPARTMENT: Through a wide variety of programs and grants, the Applesseed CMHC Housing Department works to support, empower and provide housing and shelter for individuals and families who are homeless or in imminent danger of becoming homeless.

24/7 CRISIS LINE SERVICES: In the event of a crisis, trained support personnel are available to assist you 24 hours a day. Crisis workers provide pre-hospitalization screening services at Applesseed CMHC, (during business hours), Samaritan Emergency Department, Ashland County Jail, and elsewhere as needed. Applesseed also provides a 24 hour number crisis number listed below:

APPLESEED COMMUNITY MENTAL HEALTH CENTER Crisis Line:
419-289-6111
Toll-Free: 1-888-400-8500

EMPLOYEE ASSISTANCE PROGRAM (EAP): With services provided by the Wellness Partnership, a group of licensed behavioral healthcare professionals, the Employee Assistance Program (EAP) provides confidential, help for employees and their families seeking to resolve issues and problems that affect their job performance and personal lives. Through the EAP, a caring, informed listener is available to assist you with work, family or personal issues.

CHILDREN & FAMILIES

YOUTH CPST: By working closely with youth and their parents or guardian, CPST providers help clients to succeed in the community, improve in school, at work and with their family and achieve personal independence (through managing their basic needs and developing daily living skills).

INTEGRATED FAMILY AND SYSTEMS TREATMENT (IFAST): The IFAST team works to provide short-term, intensive service and support in the home, school and community for youth with serious emotional difficulties and their

families. By providing tools and assistance IFAST empowers parents toward stabilizing and strengthening their families.

SCHOOL AND COMMUNITY LIAISON SERVICES: Working within all of the schools of Ashland County, School/Community Liaison as a team to provide services designed to increase school attendance, enhance the coping skills of children, respond immediately to daily school issues and help provide easier access to community and supports.

COUNSELING FOR CHILDREN AND TEENS: Whether it's working one-on-one with a child or better their social and emotional functioning working therapeutically with a child and their family Applesseed's licensed professional counselors and social workers have a wide range of experience in providing quality social, emotional and mental health services to children and teens. A specialized program for families with a child diagnosed with ADHD is also available.

CHILD PSYCHIATRY: Applesseed's highly qualified, experienced physicians and nursing staff are available to assist you if medication should be considered in combination with other comprehensive services during the course of your treatment and recovery process.

