

# *Beyond Survival*

A Group for Adult Survivors  
of Childhood Sexual Abuse

**Starting January 21, 2021**

**Meets every Thursday 5:30-7:30 PM  
in person or via Zoom**

Beyond Survival is a 12-week support group that allows survivors to explore the aftermath of trauma in a safe space.

The group incorporates art based activities to promote recovery, healing, and hopefulness through validation, empowerment, self-empathy, and mutuality.

**\*Free and Confidential\***



**For more information or to join please  
contact Alison Webb at 419-282-6097 or  
[awebb@safehavenofashland.org](mailto:awebb@safehavenofashland.org).**