



APPLESEED COMMUNITY MENTAL HEALTH CENTER CO-OCCURRING PROGRAM

A program designed to treat both mental health and substance use disorder



CASE MANAGEMENT

Case Managers assist individuals with securing necessary supports needed to gain and maintain recovery.

INDIVIDUAL COUNSELING

Our counselors use evidenced-based practices and effective solutions to help individuals recovering from a substance use disorder, including Cognitive Behavioral Therapy and Motivational Interviewing.

GROUP SUPPORT

Counselors and Case Managers offer various groups to facilitate recovery, teach coping skills, and offer therapy to support the individual's path towards achieving sobriety and living a healthy life.

MEDICATION ASSISTED TREATMENT (MAT)

Vivitrol and Naltrexone are used alongside counseling to help prevent relapse and opioid/alcohol dependence as a non-addictive option to manage withdrawal symptoms.



APPLESEED COMMUNITY MENTAL HEALTH CENTER

Programs and Services

- Crisis Services
- Housing Programs
- School Community Liaisons
- Supported Employment
- SPARK Program (Kindergarten Readiness)
- Equine Therapy
- Telehealth/Remote Services
- Rape Crisis Domestic Violence Safe Haven
- Mental Health Services (Adult and Youth)
 - Group Support
 - Individual and Family Counseling
 - Medication Management Services
 - Case Management
 - Co-Occurring Disorder Program

CONTACT US

Office: (419) 281-3716 Crisis Line: (419) 289-6111

Crisis Text Line: Text 4HOPE to 741741

2233 Rocky Lane | Ashland, Ohio 44805

www.appleseedmentalhealth.com



@AppleseedCommunity
MentalHealthCenter

Accepted Forms of Payment

- Medicare
- Medicaid
- Private Insurance
- Sliding Fee Scale

Our Mission

Appleseed walks with families and individuals on their journey to live healthy, whole, and productive lives by offering comprehensive and integrated behavioral health, housing, outreach and prevention, substance use disorder, and victim services.

