# Appleseed Community Mental Health Center

2019 Annual Report



### **FOREWORD**

On behalf of the staff, administration, and board of Appleseed Community Mental Health Center I want to thank the Ashland County community for allowing our agency to be a partner with you. This annual report is one way for us to tell the story of the ways we seek to serve the citizens of our wonderful county and surrounding area. At Appleseed, it is our primary mission is to walk with families and individuals along their journey to live healthy, whole, and productive lives. We do this by offering comprehensive and integrated behavioral health, housing, outreach & prevention, substance-use disorder, and victim services.

I say to our team on a regular basis that our agency is only as strong as our partnerships. We are thankful to be a contract agency with the Ashland County Mental Health and Recovery Board, and a partner agency of the United Way of Ashland County and the Mohican Area Community Fund.



Jerry Strausbaugh EdD LPCCS
Executive Director Appleseed CMHC

In addition we are blessed to partner with Ashland City and County school districts, Ashland County and City government, RedBird Resilient, the Ashland County Community Foundation, Ashland University, University Hospitals, The State of Ohio, Ashland City Schools, Mapleton Schools, Loudonville Schools, Hillsdale Schools, ACCA, Samaritan Hospital Foundation, and so many other organizations and individuals.

For those of you residing in Ashland County or the surrounding area please know that Appleseed Community Mental Health Center and all of its programs are here to assist you. We are eager to walk with you through life's ups and downs like we have done with thousands of others.

#### 2019 Appleseed Board Members



Steve Workman- Chair
Ashland City Council Ward 1, President
Payroll Specialist WENCO Wendy's

**Jerry Seiter**Samaritan Hospital Foundation

**Jeff Russell Ph.D.** - Vice Chair Professor Ashland University College of Business and Economics **Ester Hong**Community member/advocate

**Keith Tyson**-Secretary

Pastor Ashland Brethren in Christ

Karin Schwan
Ohio Health Cardiac Nurse Practitioner

**David Marcelli**Chief of Police for City of Ashland

**Bob Beer**President, SDG Publishing, Inc.

**Lisa Stitzlein**Registered Dietitian
and Diabetes Educator

Tammy Taylor
Ashland Ohio VFW
Persons Served Advocate

### Mission Statement

Appleseed walks with families and individuals on their journey to live healthy, whole, and productive lives by offering comprehensive and integrated behavioral health, housing, outreach & prevention, substance-use disorder, and victim services.



Crisis Services Hotline



School and Community Liaisons



Domestic Violence and Rape Crisis Services



Supported Employment



Adult Mental Health Services

## APPLESED SERVICES



Youth Mental Health Services



Housing



Counseling Services for all Ages (Youth, Adult)



Kindergarten Readiness



Substance Use Disorder

1,450 CALLS REQUIRED DE-ESCALATION AND SELF-CARE INTERVENTIONS

# Appleseed Crisis Services

385

CALLS REQUIRED
IMMEDIATE EMERGENCY
RESPONSE
BY LAW ENFORCEMENT
OR A HEALTH OFFICER

1,044
CALLS
REQUIRED OFFERING
BEHAVIORAL HEALTH
SPECIFIC INFORMATION
RELATED TO DISORDERS

2,956

INDIVIDUALS CALLS
RESPONDED TO OVER
THE CRISIS HOTLINE



81%

of students with academic issues showed academic improvement with grades and homework completion



# 83%

Of students with problem behaviors showed decreased problematic behaviors/visits to the principal's office

# SCHOOL AND COMMUNITY IAISON PROGRAM

\*BASED ON JULY 1, 2018-JUNE 30, 2019 PROGRAM DATA 2,067

Students were Served



80%

Of students with attendance issues showed increased and improved attendance



#### Rape Crisis Domestic Violence Shelter Safe Haven

days of care provided

Safe Haven Provided Services to

9,455 individuals

Provided Emergency Shelter To

42 Adults

&

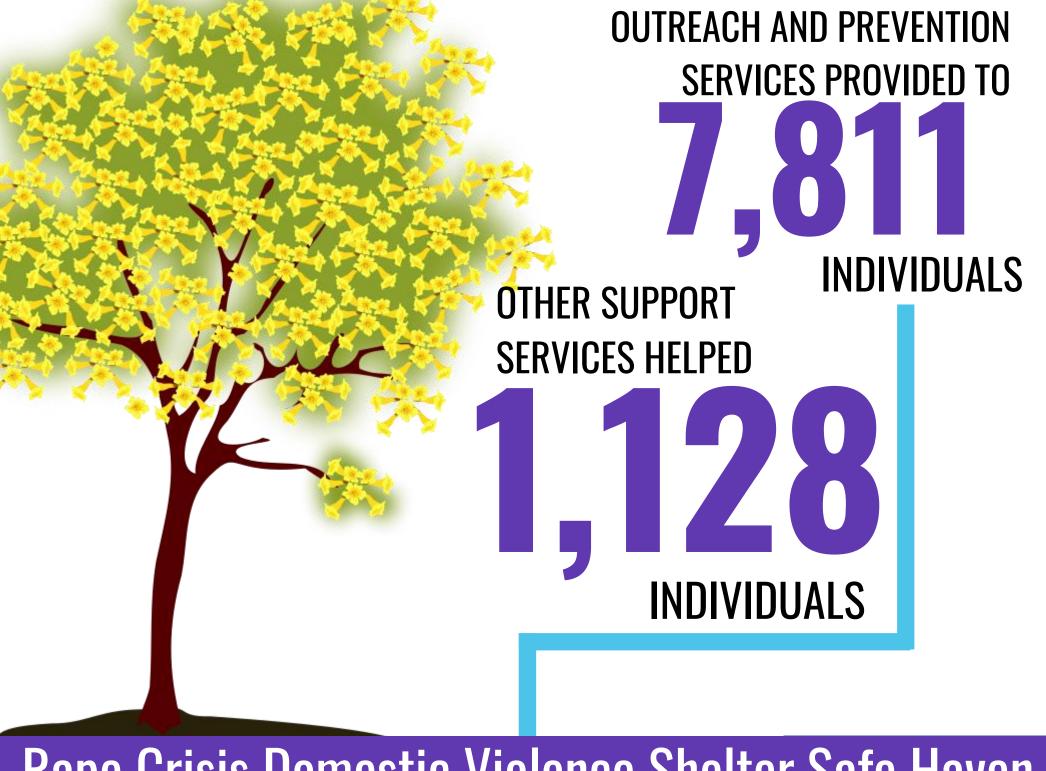
30 Youths



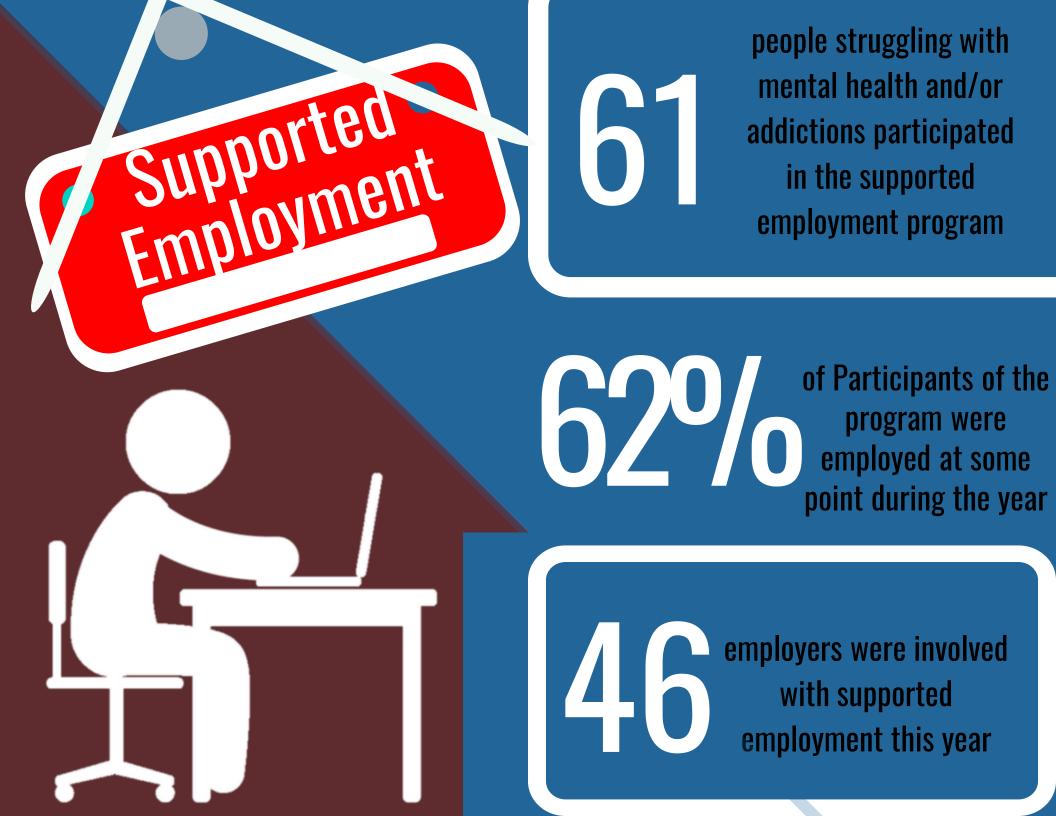
**Crisis Calls Answered** 







Rape Crisis Domestic Violence Shelter Safe Haven



### Mental Health Services

Individuals Served in OUTPATIENT MENTAL HEALTH SERVICES

# **Appleseed Rapid Rehousing**

122 Individuals

**Program housed** 

# Housing Services

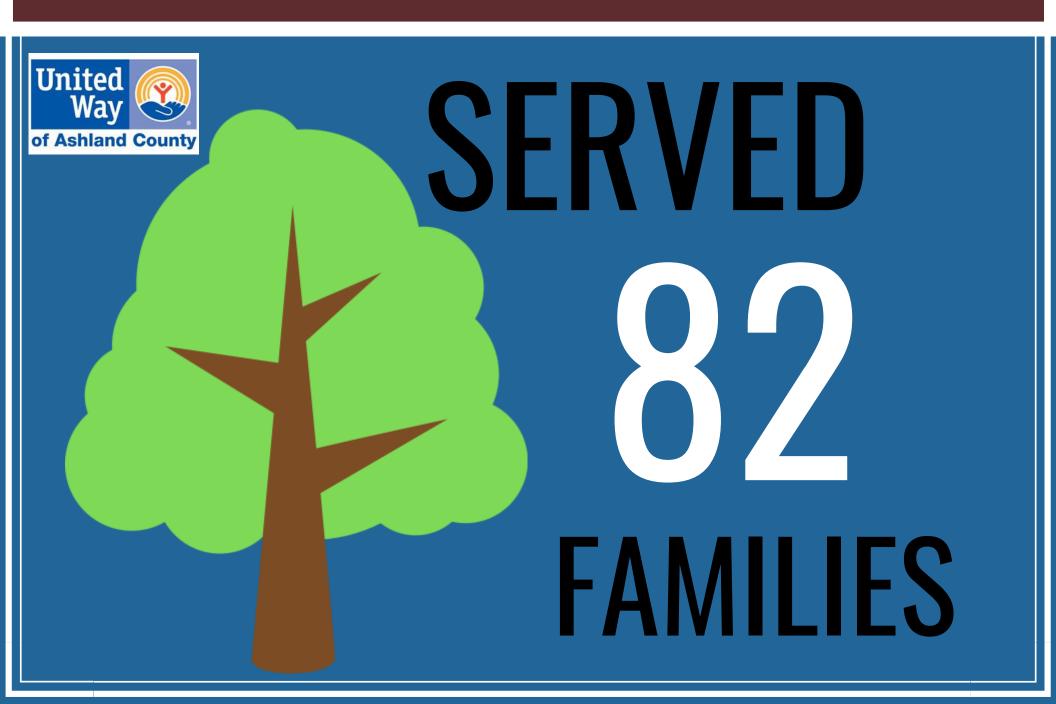
5 PERSONS RECEIVED HCRP (39 ADULTS, 16 CHILDREN)

Transitional Housing program provided housing for Families

Individuals
Received
PERMANENT SUPPORTIVE
HOUSING PLUS CARE



#### KEEPING FAMILIES STRONG PROGRAM



## SUPPORTING

ARTNERSHIPS TO

ASSURE

READY

IDS





## SUBSTANCE USE DISORDER PROGRAM





CLIENTS RECEIVED SUBSTANCE USE DISORDER SERVICES

#### ALTERNATIVE PROGRAMMING FOR ADHD

18 YOUTH&
20 PARENTS

**BENEFITED FROM** 

TWO, 6 WEEK

LONG PROGRAMS

**Focus** 

AN ADDITIONAL

YOUTH'S

**BENEFITED FROM A** 

**SERIES OF** 

**STRUCTURED** 

**GROUPS THROUGH** 

**Rising Stars** 

Martial Arts

Respect

Positive Attitude

Self Esteem

**Endurance** 

**Flexibilty** 

Mental Concentration

Leadership Skills

## APPLESEED COMMUNITY MENTAL HEALTH CENTER STATEMENT OF REVENUE AND EXPENDITURES

FISCAL YEAR ENDED 6/30/2019

#### REVENUES

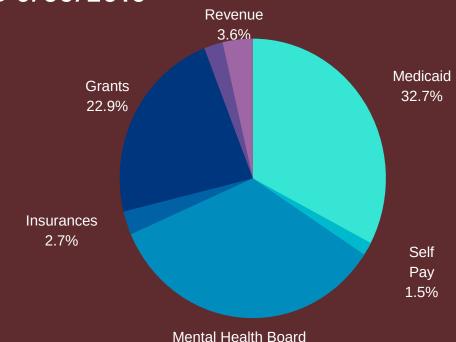
MEDICAID	\$ 1,535,468
MENTAL HEALTH BOARD	1,610,366
GRANTS/CONTRACTS	1,076,004
OTHER REVENUES	171,520
MEDICARE	107,547
INSURANCES	129,042
SELF PAY	72,467

TOTAL REVENUES 4,702,414

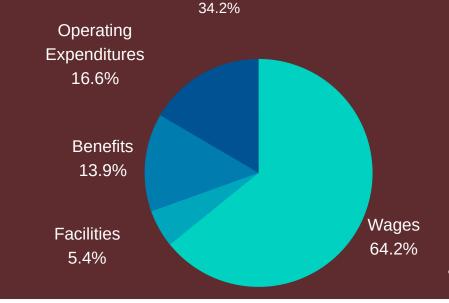
#### **EXPENDITURES**

WAGES	\$ 3,066,454
BENEFITS	665,453
FACILITIES	256,316
OPERATING EXPENDITURES	791,098

TOTAL EXPENDITURES 4,779,321



Other





## Thank you to our partners

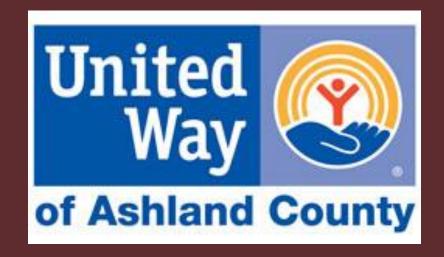
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## OUR PARTNERS













#### **CONTACT INFORMATION**

OFFICE: (419) 281-3716 CRISIS LINE: (419) 281-6111

SAFE HAVEN HOTLINE: (419) 289-8085

WWW.APPLESEEDMENTALHEALTH.COM WWW.SAFEHAVENOFASHLAND.ORG

