

# ADHD Group

For: Parents with children ages 6-11 who are committed to a 6 week program.



Children will be learning social skills, manners, anger and stress management skills, as well as positive communication skills!

Parents will be learning parenting styles, goal setting, healthy communication, and different behavior techniques! 😊

When: Thursdays for 6 weeks, beginning March 2<sup>nd</sup> - April 6<sup>th</sup>

Dinner begins at 5:30 and group is from 6:00 -7:30. Child care is provided. For more information, speak with your counselor or contact Stacy Merryweather at 419-281-3716.